

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Golden Girls Candy Sale Tuesdays 3:00pm Clubhouse Living Room	ShopRite or Wal-Mart BPU 9:00¹ Aqua Stretch & Flex 10:00 Senior Walk 1:00 Yoga for Seniors 1:30 3 - 13 Cards 2:00 Trivia Challenge 3:00 Pokeno 5:30	Brunch BPU 9:45² CVS or WALGREENS BPU 11:00 Hairdresser's Haven BPU 1:00 Walk Aerobics 1:00 Yoga for Seniors 1:30 500 Rummy 2:00 Bingo 5:30 Simchat Torah	Shoprite BPU 9:00³ Aqua Stretch & Flex 10:00 Banks, Mini Mall, Kohl's or Aldi's BPU 11:00 Qi Gong 1:00 Yoga for Seniors 1:30 Oktoberfest Lunch at The Haven LCA 11:45 BPU2:15	Coffee Talk 10:00⁴ Emilio's Restaurant BPU 11:30 Mahjong 12:30 Onsite Eye Exams 1:00 – 4:00 Poker 2:00 Bingo 5:30	ShopRite or Mini Mall⁵ BPU 9:00 Aqua Stretch & Flex 10:00 Qi Gong 1:00 Yoga for Seniors 1:30 Blood Pressure Checks 2:30 Happy Hour BPU 2:45 Pokeno 5:00	Breakfast Out⁶ BPU 9:00 SHOPPING SPREE BPU 11:00 Join Social Media 1:30 Chorus Practice 3:00 Bingo 5:30
Pinelands Reform Church⁷ BPU 9:15 St. Max's RC Church BPU 9:15 St. John's RC Church BPU 10:15 Christmas Tree Store BPU 1:00	ShopRite or Wal-Mart BPU 9:00⁸ Aqua Stretch & Flex 10:00 Karaoke with DJ Will 12:00 Senior Walk 1:00 Yoga for Seniors 1:30 Golden Girls Meeting with Guest Speaker LCA 2:15 Pokeno 5:30 Columbus Day (US) Thanksgiving Day (Canada)	Brunch BPU 9:45⁹ CVS or WALGREENS BPU 11:00 Hairdresser's Haven BPU 1:00 Walk Aerobics 1:00 Yoga for Seniors 1:30 Scrabble 2:00 Bible Study 3:00 Bingo 5:30	Atlantic City BPU 9:00¹⁰ Shoprite BPU 9:00 Aqua Stretch & Flex 10:00 Banks, Mini Mall, Kohl's or Aldi's BPU 11:00 Qi Gong 1:00 Yoga for Seniors 1:30 Bayada Discussion Group LCA 1:45 5:00	Coffee Talk 10:00¹¹ Delicious Orchards BPU 11:00 Mahjong 12:30 Walk Aerobics 1:00 Yoga for Seniors 1:30 Poker 2:00 Bridge 2:30 Rummikub Bingo 5:30	ShopRite or Mini Mall¹² BPU 9:00 Aqua Stretch & Flex 10:00 Qi Gong 1:00 Yoga for Seniors 1:30 Blood Pressure Checks 2:30 Happy Hour BPU 2:45 Friday Evening Entertainment by DeJaVu 5:00	Breakfast Out¹³ BPU 9:00 SHOPPING SPREE BPU 11:00 Movie Matinee 12:30 Join Social Media 1:30 Chorus Practice 3:00 Bingo 5:30
Pinelands Reform Church¹⁴ BPU 9:15 St. Max's RC Church BPU 9:15 St. John's RC Church BPU 10:15 Fall Crafts BPU 1:00	ShopRite or Wal-Mart BPU 9:00¹⁵ Aqua Stretch & Flex 10:00 Senior Walk 1:00 Yoga for Seniors 1:30 Golden Girls Meeting with Speaker BPU 1:45 What Am I Game 2:30 Pokeno 5:30 Georgian Court Wii 5:30	Brunch BPU 9:45¹⁶ CVS or WALGREENS BPU 11:00 Hairdresser's Haven BPU 1:00 Walk Aerobics 1:00 Yoga for Seniors 1:30 Tri State Pharmacy "Name That Tune" L:CA 1:45 Bingo 5:30	Atlantic City BPU 9:00¹⁷ Shoprite BPU 9:00 Aqua Stretch & Flex 10:00 Banks, Mini Mall, Kohl's or Aldi's BPU 11:00 Mobile Medical Lunch & Learn LCA 11:45 Activity Planning Meeting LCA 1:45 An Evening with Jerry 5:00	Coffee Talk 10:00¹⁸ Kristy's Restaurant BPU 11:30 Mahjong 12:30 Walk Aerobics 1:00 Yoga for Seniors 1:30 Poker 2:00 Bridge 2:30 Bingo 5:30 Rummikub	ShopRite or Mini Mall¹⁹ BPU 9:00 Aqua Stretch & Flex 10:00 Qi Gong 1:00 Yoga for Seniors 1:30 Blood Pressure Checks 2:30 Happy Hour BPU 2:45 Pokeno 5:00	Breakfast Out²⁰ BPU 9:00 SHOPPING SPREE BPU 11:00 Join Social Media 1:30 Chorus Practice 3:00 Bingo 5:30
Pinelands Reform Church²¹ BPU 9:15 St. Max's RC Church BPU 9:15 St. John's RC Church BPU 10:15 Treat Bags for Hilltop Nursery School BPU 1:00	ShopRite or Wal-Mart BPU 9:00²² Aqua Stretch & Flex 10:00 Birthday Bash with Dan Hermann BPU 12:15 Book Club Discussion 2:00 Trivia Challenge 3:00 Pokeno 5:30	Brunch BPU 9:45²³ CVS or WALGREENS BPU 11:00 Hairdresser's Haven BPU 1:00 Walk Aerobics 1:00 Yoga for Seniors 1:30 Left Right Center 2:00 Beyond the Sea at Manchester Library LCA 1:30 Bible Study 3:00 Bingo 5:30	Shoprite BPU 9:00²⁴ Aqua Stretch & Flex 10:00 Banks, Mini Mall, Kohl's or Aldi's BPU 11:00 Qi Gong 1:00 Yoga for Seniors 1:30 Silverwoods Managers & Residents Meeting LCA 2:15 Wii Bowling 5:15	Coffee Talk 10:00²⁵ Barlow's Nursery & Lunch Trip BPU 11:30 Mahjong 12:30 Walk Aerobics 1:00 Yoga for Seniors 1:30 Poker 2:00 Oktoberfest Dinner 4:00 Bingo 5:30	ShopRite or Mini Mall²⁶ BPU 9:00 Aqua Stretch & Flex 10:00 Qi Gong 1:00 Yoga for Seniors 1:30 Blood Pressure Checks 2:30 Happy Hour with Mike Tynan BPU 2:45 Pokeno 5:00	Breakfast Out²⁷ BPU 9:00 SHOPPING SPREE BPU 11:00 Join Social Media 1:30 Chorus Practice 3:00 Bingo 5:30
Pinelands Reform Church²⁸ BPU 9:15 St. Max's RC Church BPU 9:15 St. John's RC Church BPU 10:15 Mystery Bus Ride BPU 1:00	ShopRite or Wal-Mart BPU 9:00²⁹ Aqua Stretch & Flex 10:00 Senior Walk 1:00 Yoga for Seniors 1:30 Anna's Snack & Chat LCA 1:45 Pokeno 5:30	Brunch BPU 9:45³⁰ CVS or WALGREENS BPU 11:00 Hairdresser's Haven BPU 1:00 Walk Aerobics 1:00 Yoga for Seniors 1:30 Cooking With Debbie & Resident Chef LCA 1:30 Bingo 5:30	Shoprite BPU 9:00³¹ Aqua Stretch & Flex 10:00 Banks, Mini Mall, Kohl's and Stop & Shop BPU 11:00 Qi Gong 1:00 Yoga for Seniors 1:30 Halloween Costume Party & Happy Hour BPU 2:45 Hocus Pocus Movie 5:00 Halloween	 <p style="text-align: center;"> Silverwoods Clubhouse October 2018 1700 Route 37 West Toms River, NJ 08757 </p>		